

# Chen tai chi seminar

Novi Sad - Serbia 2015

organized by Laohu wushu club Novi Sad and guided by  
Master Wei Jinhua from Shanghai, PR China



## Seminar program

- *Standing meditation (zhan zhuang)*
- *Silk reeling (chan si jin)*
- *Chen tai chi foundation*
- *Old frame first routine (Laojia yi lu)*

**November 7<sup>th</sup>, 8<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> & 12<sup>th</sup>, 2015**

(5 days / 4 hours of training per day)



## Wei Jinhua



- Chen tai chi instructor from Shanghai, PRC
- 12<sup>th</sup> generation direct-line successor of Chen tai chi
- Disciple of Grand Master Chen Zhenglei (one of the leading Chen tai chi masters in China)
- Member of Chinese Wushu federation and holder of 6<sup>th</sup> duan
- Professional instructor of Chen tai chi with more than 10 year experience
- Holder of many medals from the tournaments throughout China and owner of many prizes for her achievements

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